

Dr Sarah Maguire BScPsych Hons MA DCP Ph.D. Clinical Psychologist & Director, InsideOut Institute, SYDNEY

Dr Sarah Maguire is a Sydney-based clinical psychologist, researcher, educator and policy maker with more than 20 years' experience in the field of eating disorders.

Dr Maguire serves as Director of the InsideOut Institute for Eating Disorders – Australia's first institute for research and clinical excellence in eating disorders. The Institute aims to provide every Australian living with an eating disorder, access to the best possible care, by re-thinking eating disorders from the "inside out".

At InsideOut, Dr Maguire leads a research team with a broad research agenda, including biological, health systems, health economics, prevention, public health promotion, clinical intervention and translational research.



Dr Maguire and her InsideOut team are passionate about changing the way eating disorders are perceived and treated within the health system and the community, by driving clinical excellence, providing policy leadership, research translation, and research that changes practice and outcomes.

Dr Maguire acts as a senior adviser to the New South Wales (NSW) Ministry of Health and at InsideOut, leads the implementation of NSW Health Policy in relation to eating disorders State-wide, including large-scale health system reform under the NSW Service Plan for Eating Disorders. She was a member of the Advisory Group to the Medicare Benefits Schedule (MBS) Review Taskforce and the Implementation Liaison Group for the eating disorder Medicare changes, that commenced on November 1, 2019.

She also sits on various national committees for health service reform. She was a member of the MBS Review Taskforce Advisory Group, and the Implementation Liaison Group for Medicare changes relating to eating disorders.

Dr Maguire has worked in hospital and community settings, and supervised clinical teams and trainees. She is a specialist clinical trainer and board approved supervisor.

Dr Maguire is an advocate for the Eating Disorders Genetic Initiative (EDGI) – the world's largest genetic investigation of eating disorders ever performed, that aims to identify the hundreds of genes that influence a person's risk of developing anorexia nervosa, bulimia nervosa and binge-eating disorder, to improve treatment, and ultimately, save lives.

"It is extremely important to have a better understanding of the genetics of eating disorders and identify potential genes that could distinguish individuals who are predisposed to developing an eating disorder.

"Identifying the genes that predispose people to eating disorders will revolutionise future research into causes, treatment and prevention of the illnesses," said Dr Maguire.

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