

## **Dr Bronwyn Raykos BA Psych Hons Ph.D. Senior Clinical Psychologist & Coordinator of the Eating Disorders Programme at the Centre for Clinical Interventions, *PERTH***

Dr Bronwyn Raykos serves as a Senior Clinical Psychologist and Coordinator for the Eating Disorders Programme at the Centre for Clinical Interventions, (CCI) Perth – where she has worked for almost 14 years. Prior to this role, she worked at the Institute of Psychiatry in London, delivering individual Cognitive Behavioural Therapy (CBT) interventions to adolescents with major depression as part of a clinical trial.

Dr Raykos completed a Bachelor of Arts degree with Honours (Psychology) and subsequently a combined Master's/Doctorate of Philosophy (Ph.D.) degree in Clinical Psychology at the University of Western Australia.

She has a passion for providing evidence-based treatment for people with eating disorders, including family-based treatment (FBT) and CBT for eating disorders (CBT-ED). She is also passionate about training and supervising clinicians to deliver evidence-based treatments for eating disorders, and is working with her team at CCI to evaluate and improve treatments for this population.

Dr Raykos' research has been published widely in peer-reviewed journals and presented at national and international conferences. Dr Raykos is a member of the Australian and New Zealand Academy of Eating Disorders, and the editorial board of the International Journal of Eating Disorders. She has also been an invited conference speaker for the Australian Association for Cognitive and Behaviour Therapy among other prominent experts in the field of psychology. Dr Raykos is currently co-ordinating innovative research, including investigating the impact of using imagery rescripting in CBT-ED for anorexia nervosa and evaluating a brief 10, session CBT intervention for non-underweight eating disorders in collaboration with international and national experts.

Dr Raykos is an advocate for the Australian arm of the Eating Disorders Genetic Initiative (EDGI) – the world's largest genetics investigation of eating disorders ever performed, that aims to identify the hundreds of genes that influence a person's risk of developing anorexia nervosa, bulimia nervosa and binge-eating disorder, to improve treatment, and ultimately, save lives.

"Identifying the genes that predispose people to eating disorders has the potential to revolutionise future research into causes, treatment and prevention of the illnesses," said Dr Raykos.

**ends #**

---

**MEDIA ENQUIRIES: Kirsten Bruce, Mel Kheradi and Holly Hamilton Green**

**VIVA! Communications**

T 02 9968 3741 | 02 9968 1604

M 0401 717 566 | 0421 551 257 | 0434 789 839

E [kirstenbruce@vivacommunications.com.au](mailto:kirstenbruce@vivacommunications.com.au)

[mel@vivacommunications.com.au](mailto:mel@vivacommunications.com.au)

[holly@vivacommunications.com.au](mailto:holly@vivacommunications.com.au)

